



The Spay Neuter Clinics of Texas
915-307-3893
AFTERCARE INSTRUCTIONS



Your pet has undergone major surgery and anesthesia and has been sedated to lessen the pain. His/her behavior may be altered for the next 24 hours. For example, he/she may be glassy-eyed, wobbly, shivering, sleepy, nauseous, or irritable. Listed below are a few helpful tips to make your pet's recovery easier for both of you.

1. Give your pet a lot of TLC 24/7 for the next 100 years.
2. Keep your pet isolated indoors for five days.
3. Discourage exercise for the next 14 days. Normal exercise should be encouraged following this time period.
4. Give your pet about half the normal amount of food tonight with water. Do not be concerned if he/she does not eat during the next 24 hours.
5. DO NOT allow your pet to lick, scratch, or chew its incision. Use an Elizabethan collar (E - collar) for 10-14 days. The collar must come 2-3 inches past the nose to prevent licking at the incision.
6. Absorbable suture material is used so your pet will not need to return to the clinic for suture removal unless otherwise directed.
7. Check the incision DAILY for any changes during the next 14 days. Expect swelling, minor bruising, or a hard lump at the incision site. This is a normal reaction to the absorbable suture material. These reactions should disappear in a few weeks. If there is any bleeding or discharge from the incision, please call the clinic immediately.
8. Keep the incision site clean and dry for two weeks after surgery. There should be NO BATHING, SWIMMING, OR GROOMING. DO NOT use alcohol or peroxide to clean the incision site. DO NOT use bandages, Superglue, or other adhesives which could compromise the incision site.
9. DO NOT give your pet aspirin, Tylenol, or any other over-the-counter medication.

WE ARE NOT A 24-hour care facility. If you have any questions or concerns, our staff is available by telephone Monday - Saturday from 8 AM to 4 PM. For afterhours emergencies, call the El Paso Animal Emergency and Veterinary Specialty Center at 915-545-1148.